

SIMPLE STEPS FOR TEXANS TO PREVENT ZIKA

You can take these simple steps to protect yourself and your loved ones from the Zika virus.



Apply EPA-approved insect repellent.



Wear pants and long-sleeve shirts.



Use screens or close windows and doors.



Remove standing water in and around your home.



Cover trash cans or containers where water can collect.



Talk to your doctor if you have concerns.

** Recommendations are based on emerging knowledge about Zika.*

KEEP UP WITH THE LATEST INFO AT [TexasZika.org](https://www.texaszika.org)



TEXAS
Health and Human
Services

Texas Department of State
Health Services

6-28
05/11/17